Motivational Interviewing

Training, Consulting, and Organizational Change



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Jesse Jonesberg is a Licensed Masters Social Worker and a member of the Motivational Interviewing Network of Trainers (MINT). He has over 300 hours experience training groups and individuals in motivational interviewing (MI). Jesse's training style is collaborative, engaging, and participatory. He incorporates cultural humility, compassion, and mindfulness into all of his trainings.

MI Trainings and Programs

What is Motivational Interviewing?

Motivational Interviewing (MI) is an evidence based approach to helping consumers create behavioral change through collaboration and empowerment. Evidence shows that a multi-prong approach is the most effective way to create positive behavioral change in staff and improve agency outcomes.

Services Offered by Jesse Jonesberg

The trainings and programs offered by Jesse Jonesberg include a variety of learning mediums in large group, small group and one-on-one settings. Contact Jesse today to begin developing an MI program that meets your agency's needs and priorities.



Leadership Development

- Capacity Building
- Internal Trainings
- Consultation



Coding and Coaching

- Individual Coaching
- Specific Feedback
- Building Profeciency



2 Day Large Group Training

- Overview of MI
- Concepts & Skills
- Practice & Application



Monthly Skills Groups

- Developing Competency
- Advanced Skills Practice
- Consultation & Feedback



MI Champion Program

- Mentorship
- Culture Change
- Agency Growth

Agency Outcomes



Increased Staff Skills and Confidence



Improved Client Outcomes



Decreased No-Shows and Cancellations



Decreased Staff Burnout



Increased Customer Satisfaction

Design Your Program

Jesse has worked with a variety of community agencies including social services, mental health, child care and law enforcement. Each training and program is developed in accordance with the agency's unique goals and priorities. To start the process of designing your MI program, contact Jesse today.