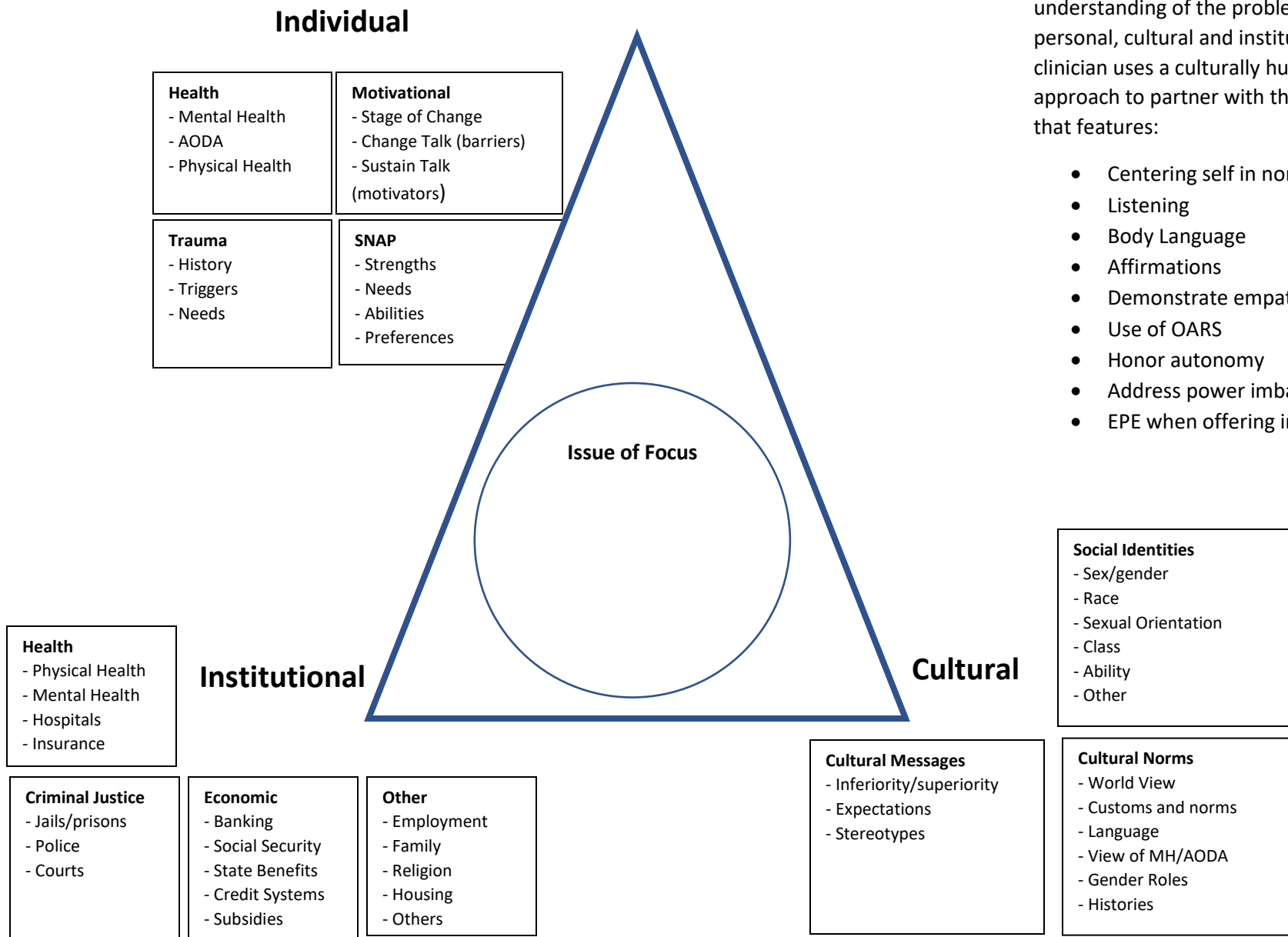


## Triangulating the Problem

Collaborate with the client to develop a shared understanding of the problem through exploring personal, cultural and institutional factors. The clinician uses a culturally humble and motivational approach to partner with the client in the progress that features:

- Centering self in non-judgmental compassion
- Listening
- Body Language
- Affirmations
- Demonstrate empathy
- Use of OARS
- Honor autonomy
- Address power imbalances
- EPE when offering info



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**Adapted From:**

Kant, J.D., (2015) Towards a socially just social work practice: the liberation health model. *Critical and Racial Social Work*, 3(2), 309-317. <http://www.liberationhealth.org/documents/s12.pdf>  
 Martinez, D.B. & Fleck-Henderson, A. (2014). *Social Justice in Clinical Practice: A liberation health framework*. NY: Routledge.