

# Motivational Interviewing

Training, Consulting, and Organizational Change



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Jesse Berg is a Licensed Masters Social Worker and a member of the Motivational Interviewing Network of Trainers (MINT). He has over 100 hours experience training groups and individuals in motivational interviewing (MI). Jesse's training style is collaborative, engaging and participatory. He incorporates cultural humility, trauma informed care and mindfulness into all of his trainings.

## MI Trainings and Programs

### What is Motivational Interviewing?

Motivational Interviewing (MI) is an evidence based approach to helping consumers create behavioral change through collaboration and empowerment. Evidence shows that a multi-prong approach is the most effective way to create positive behavioral change in staff and improve agency outcomes.

### Services Offered by Jesse Berg

The trainings and programs offered by Jesse Berg include a variety of learning mediums in large group, small group and one-on-one settings. Contact Jesse today to begin developing an MI program that meets your agency's needs and priorities.



#### 2 Day Large Group Training

- Overview of MI
- Concepts & Skills
- Practice & Application



#### Monthly Skills Groups

- Developing Competency
- Advanced Skills Practice
- Consultation & Feedback



#### Leadership Development

- Capacity Building
- Internal Trainings
- Consultation



#### Coding and Coaching

- Individual Coaching
- Specific Feedback
- Building Profecyency



#### MI Champion Program

- Mentorship
- Culture Change
- Agency Growth

## Agency Outcomes



Increased Staff  
Skills and  
Confidence



Improved Client  
Outcomes



Decreased No-  
Shows and  
Cancellations



Decreased  
Staff Burnout



Increased  
Customer  
Satisfaction

## Design Your Program

Jesse has worked with a variety of community agencies including social services, mental health, child care and law enforcement. Each training and program is developed in accordance with the agency's unique goals and priorities. To start the process of designing your MI program, contact Jesse today.